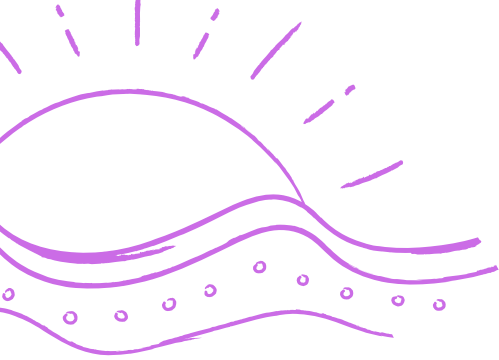




BEGGIN' FOR AN EGGIN'

OPENING MENU

Sandwiches

Omelets

Tacos/Burritos

Philly \$8.75

Egg, steak, green pepper, onion, and cheese on Telera bread.

Big Crunch

Egg, ham, cheese, and garlic sauce served on your choice of toast.

*All eggs cooked over hard unless otherwise specified. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Veggie \$7.50

Omelet stuffed with spinach, feta, pico, mushroom, and cheese.

Denver \$7.50

Omelet stuffed with ham, green pepper, onion and cheese.

Top any omelet with hash browns for \$2.
Need more? Add an extra egg for \$.50.

Taco \$2.75

Single taco packed with a scrambled egg, cheese, and choice of meat on a flour or corn tortilla shell.

Burrito \$5.75

All burritos start with 3 scrambled eggs, cheese, garlic sauce, and choice of meat wrapped in a flour tortilla shell.

Eggstravaganza \$8.25

Egg, cheese, jalapeño, diced potatoes, and choice of bacon or chorizo on Telera bread.

Basic Breakfast \$7.50

Egg, cheese, and your choice of meat on Telera bread.

Meat Lovers \$8.25

Omelet stuffed with ham, bacon, turkey, sausage, and cheese.

Create Your Own \$7

We start with our made-to-order omelet and cheese mixed with your choice of 2 fillers. Add additional meat for \$.50 or veggie for \$.25

Ask about substituting regular eggs for egg whites!

Taco extras

Veggies - \$.25
Meat - \$.50
Diced potatoes - \$.50

Burrito extras

Veggies - \$.50
Meat - \$.75
Diced potatoes - \$.75

LOAD IT UP

MAKE IT HEALTHY!

BUT WAIT, THERE'S MORE

Drinks Extras/Sides Kids Healthy options Parfaits

Triple Berry	\$8	Kid at Heart	\$8
Strawberry, blueberry, and raspberry layered with granola and parfait mix.		Strawberry and banana layered with Trix cereal bar and parfait mix.	
S'mores	\$9	 Add flax seed or extra granola for \$.50.	
Chocolate pudding, graham cracker crumbles, and marshmallow fluff all layered together.			
Açaí Bowl	\$10	Protein bowl	\$9
Açaí purée topped with granola, flax seed, strawberry, banana, and blueberry. (No modifications)		Scrambled eggs, diced potatoes, cheese, choice of meat and 2 veggies.	
Egg bites	\$6	Protein bar	\$3
Egg, red pepper, green pepper, onion, and spinach.		Freshly made with peanut butter, oats, honey, and protein powder.	
1/2 any basic sandwich	\$5	Omelet (single filler)	\$5
Grilled Cheese	\$4.50	Quesidilla	\$4.50
Meat	\$2.50	Potatoes	\$3.50
Bacon, sausage, chorizo, ham		Hash browns, diced potatoes, french fries	
Bread	\$2	Breakfast Bar	\$4
White, wheat, bagel, Telera		Peanut butter, Chocolate peanut butter, Toasted coconut, Banana Nut, Apple cinnamon, and Trix	
Bagel & cream cheese	\$3	Donut Holes	\$4
Plain bagel with choice of strawberry or plain cream cheese.		Chocolate, carmel, or plain	
Quaker oatmeal	\$4	Muffin	\$1.50
Apples & cinnamon, maple & brown sugar, or cinnamon & apple		Apple, Banana, Blueberry	
Coffee - hot or iced	\$1	Juice	\$2.25
Pop	\$1.25	Milk	\$2
KeVita	\$3	Fruit Shoots	\$1.50
Energy drink	\$2.50	Gatorade	\$2
Bottled water	\$1	Starbucks frappe	\$3
Smoothie	\$5	Tea	\$2.25
Ice, strawberries, bananas, and parfait mix.			