

SINCE 2005

FOOVA SUSHI MENU



FOOVA MENU



STARTERS



SOUP

MISO SOUP | SMALL \$3.5 | LARGE \$8

MISO SOUP WITH SCALLION / SEAWEED / TOFU

SALADS

SASHIMI SALAD | \$22

MIXED GREENS / CUBED TUNA / CUBED SALMON / MINI PEPPERS / AVOCADO
/ SCALLION / CUCUMBER / HOUSE DRESSING

FOOVA SALAD | \$10

MASHED AVOCADOS / KANI / MASAGO / MAYO / CUCUMBER

KANI SALAD | \$10

OUR POPULAR SPICY MAYO / KANI / CUCUMBER / MASAGO

HOUSE SALAD | SMALL \$5.5 | LARGE \$8.5

MIXED GREENS / TOMATO / CUCUMBER / WATERMELON RADISH / GINGER DRESSING

SEAWEED SALAD | \$6.5

MINI BOWLS

BOWL OF RICE | WHITE \$3.5 | BROWN \$3.5 | SUSHI RICE \$4.5

SPICY TUNA DON | \$9.5

OUR POPULAR SPICY TUNA OVER SUSHI RICE. SPRINKLED NORI AND SP MAYO ON TOP

CHICKEN TERIYAKI DON | \$11

CHICKEN TERIYAKI OVER WHITE RICE. TOPPED WITH TERIYAKI SAUCE AND SESAME SEEDS

OTHERS

GYOZA (DUMPLING) | \$7.5

CHOOSE TYPE: PORK OR VEGGIE OR COMBO

CHOOSE METHOD: FRIED OR STEAMED

SHRIMP SHUMAI | \$7

CHOOSE METHOD: FRIED OR STEAMED

SHRIMP TEMPURA | \$14.00

4 JUMBO FRIED SHRIMP TEMPURA WITH PONZU SAUCE

EDAMAME | \$5.50

SALTED AND BLANCHED

FOOVA MENU



THE ROLLS



*ALL ROLLS W/ RICE ON THE OUTSIDE HAS SESAME. (PLEASE LET US KNOW IF YOU ARE ALLERGIC)

TUNA

TUNA ROLL | \$8.5

STICK TUNA/SEAWEED OUTSIDE

SPICY TUNA ROLL | \$8.5

OUR POPULAR SPICY MAYO BLENDED WITH GROUND TUNA / MASAGO / SCALLION/ RICE OUTSIDE

TUNA AVOCADO (OR CUCUMBER) ROLL | \$9.5

STICK TUNA / AVOCADO OR CUCUMBER / RICE OUTSIDE

SALMON

SALMON ROLL | \$7.5

SALMON/SEAWEED OUTSIDE

SALMON AVOCADO (OR CUCUMBER) ROLL | \$8.5

SALMON / AVOCADO OR CUCUMBER/RICE OUTSIDE

SALMON TEMPURA ROLL | \$9.5

BATTERED FRIED SALMON/EEL SAUCE/RICE OUTSIDE

SALMON TERIYAKI ROLL | \$9.5

COOKED SALMON IN TERIYAKI SAUCE/RICE OUTSIDE

SPICY SALMON ROLL | \$9.5

STICK SALMON W/ SPICY MAYO, MASAGO, SCALLION ON TOP/RICE OUTSIDE

PHILLY ROLL | \$9.5

SALMON/AVOCADO/CREAM-CHEESE/RICE OUTSIDE

SHRIMP

SHRIMP TEMPURA ROLL | \$9.5

BATTERED FRIED SHRIMP/EEL SAUCE/RICE OUTSIDE

BOSTON ROLL | \$9.5

COOKED SHRIMP / AVOCADO / KANI / MAYO ON TOP/RICE OUTSIDE

TRIPLE S ROLL | 12.5

IN: SHRIMP TEMPURA / AVOCADO / PICKLED JALAPEÑO,
COMES W/ SP MAYO ON THE SIDE/RICE OUTSIDE

FOOVA MENU

*ALL ROLLS W/ RICE ON THE OUTSIDE HAS SESAME. (PLEASE LET US KNOW IF YOU ARE ALLERGIC)

EEL

EEL ROLL | \$10

EEL/RICE OUTSIDE

EEL AVOCADO (OR CUCUMBER) ROLL | \$10.5

EEL / AVO OR CUC / RICE OUTSIDE / SPRINKLED WITH SESAME

YELLOWTAIL

HAMACHI ROLL | \$7.5

YELLOWTAIL W/SCALLION OR JALAPEÑO ON TOP/SEAWEED OUTSIDE

SPICY YELLOWTAIL ROLL | \$9.5

HAMACHI ROLL W/ MASAGO, SCALLION, SPICY MAYO ON TOP/RICE OUTSIDE

CHICKEN

CHICKEN TERIYAKI ROLL | \$9.5

DICED CHICKEN IN TERIYAKI SAUCE / RICE OUTSIDE

KANI

KANI ROLL | \$6.5

KANI/SEAWEED OUTSIDE

CALI ROLL | \$7.5

KANI /AVOCADO / RICE OUTSIDE

KANI TEMPURA ROLL | \$7.5

BATTERED FRIED KANI/EEL SAUCE/RICE OUTSIDE

VEGGIE

AVOCADO (OR CUCUMBER) ROLL | \$6

AVOCADO OR CUCUMBER /SEAWEED OUTSIDE

AAC ROLL | \$7.5

AVOCADO /ASPARAGUS/ CUCUMBER

OSHINKO ROLL | \$6

PICKLED RADISH / SEAWEED OUTSIDE

FOOVA MENU

SPECIAL ROLLS

FOOVA SASHIMI WRAP | \$17

TUNA/YELLOWTAIL/SALMON/AVOCADO/MASAGO /MIXED GREENS/CUCUMBER
WRAPPED IN SOY SHEET(NO RICE)

FOOVA ROLL | \$12 (SEASONAL)

FOOVA SALAD PLACED ON TOP OF CALI ROLL

TENAFLY ROLL | \$16.5

IN:SPICY TUNA TOP:EEL/SALMON/AVOCADO

TENAFLY SUNSET ROLL | \$18

IN: SHRIMP TEMPURA/AVOCADO/MANGO
TOP:LOBSTER SALAD/CRUNH/MAYO/EEL SAUCE

JERSEY ROLL (DEEP FRIED ROLL) | \$17.5

IN:TUNA/CRAB/SALMON TOP:MASAGO/SCALLION/SPMAYO/EEL SAUCE

SPIDER ROLL | \$15

IN:FRIED SOFT SHELL CRAB/CUCUMBER

SOUTH SUMMIT ROLL | \$15.5

IN:SHRMP TEMPURA TOP:SPICY TUNA/CRUNCH/EEL SAUCE

QUEEN ROLL | \$17

IN:SPICY TUNA/SALMON/YELLOWTAIL TOP:AVO/MASAGO WRAPPED IN SOY SHEET

THUNDER ROLL | \$15

IN:SPICY TUNA TOP:AVO/CRUNCH/MASAGO/SPICY MAYO/EEL SAUCE

SPICY GIRL ROLL | \$16

IN:SHRIMP TEMPURA TOP:SP KANI SALAD

KING CALI ROLL | \$15

IN:KANI TEMPURA/CUCUMBER TOP:SPICY TUNA/AVOCADO/SPICY MAYO

SALMON (OR TUNA) CRUNCH ROLL | \$17

IN:CUBED SALMON(OR TUNA)/CRUNCH/SCALLION
WRAPPED IN SOY SHEET. W/ SIDE OF SWEET SAUCE

RAINBOW ROLL | \$16.5

CALI ROLL TOPPED WITH ASSORTMENT OF SASHIMI

SWEETHEART ROLL | \$18

SPICY TUNA ROLL TOPPED WITH TUNA SASHIMI AND CRUNCH

FOOVA MENU

NIGIRI / SASHIMI

1 ORDER OF NIGIRI (RICE ON THE BOTTOM OF FISH) YIELDS 1 PIECE

1 ORDER OF SASHIMI (NO RICE) YIELDS 2 PIECES

MINIMUM OF 2 ORDERS FOR NIGIRI

GUIDELINE: NIGIRI | SASHIMI

IKURA (SALMON ROE) \$4.50 | NA

KANI (IMITATION CRAB) \$2.5 | \$4

TAMAGO (EGG) \$3 | NA

EBI (SHRIMP) \$3 | \$4

MASAGO (SMELT ROE) \$3 | NA

INARI (BEAN CURD) \$2.5 | NA

TAKO (OCTOPUS) \$3 | \$4

MAGURO (TUNA) \$3.5 | \$4.5

IKA (SQUID) \$3 | \$4

UNAGI (EEL) \$3.5 | \$4.5

HAMACHI (YELLOWTAIL) \$3.5 | \$4.5

SAKE (SALMON) \$3.5 | \$4.5

SPECIAL SUSHI | \$29

9PCS OF "SET" ASSORTED NIGIRI W/ A CHOICE OF SPICY TUNA OR SPICY SALMON

SASHIMI DELUXE | \$32.5

18PCS OF "SET" ASSORTED SASHIMI

SUSHI AND SASHIMI COMBO | \$35

5PCS OF "SET" ASSORTED NIGIRI AND 10PCS OF "SET" SASHIMI AND 1 HAMACHI ROLL

SUSHI FOR 2 | \$60.00

"SET" OF 16PCS NIGIRI / 1 SPICY TUNA ROLL / 1 SPICY SALMON ROLL

* NO SUBSTITUTIONS ON ANY OF THE "SET" PIECES

THE TOPPINGS

CRUNCH | ON TOP \$1.00 | ON THE SIDE \$1.00

OUR MOST POPULAR GOLDEN CRISPY TOPPING

SPICY MAYO | ON TOP \$0.50 | ON THE SIDE \$1.00

OUR HOMEMADE SAUCE THAT CAN GO ON ANY ROLL AND ENHANCE THE FLAVOR 100X

AVOCADO | ON TOP \$2.00 | ON THE SIDE \$3.50

CHOPPED AVOCADO ON EVERYTHING!

HOME MADE SWEET AND SPICY SAUCE | ON TOP \$.50 | ON THE SIDE \$1

DELIGHTLY SWEET WITH A GOOD KICK OF SPICE.

SCALLION | ON TOP \$1.00

THINLY SLICED

MASAGO | ON TOP \$2.00

ORANGE FISH EGG

MANGO | ON TOP \$2.00

TERIYAKI SAUCE | ON TOP \$0.50 | ON THE SIDE \$1.00

EEL SAUCE | ON TOP \$0.50 | ON THE SIDE \$1.00

CUCUMBER | IN ROLL \$1.00

CREAM CHEESE | IN ROLL \$1.50

FOOVA MENU

BOWLS

HWE DUP BOP | \$25.00

CHOPPED SALMON, TUNA, KANI
MIXED GREENS/AVOCADO/CUCUMBER/NORI/MASAGO/SESAME/SCALLION
SESAME OIL/HOME MADE SWEET AND SPICY SAUCE/ SIDE OF RICE

CURRY DON | \$14 | W/CHICKEN \$19

VEGETABLE(POTATO, CARROTS, EDAMAME, ONIONS) CURRY OVER RICE

POKE BOWL | \$20

TUNA/SALMON/MASAGO/KANI SALAD
MANGO/AVOCADO//SEAWEED SALAD/CUCUMBER
MIXED GREENS/SESAME/CRUNCH/WASABI MAYO/ RICE



TERIYAKI MEAL



CHICKEN TERIYAKI MEAL | \$20

CHICKEN TERIYAKI / MIXED GREENS / KANI SALAD / SESAME
OVER RICE

SALMON TERIYAKI MEAL | \$20

SALMON TERIYAKI / MIXED GREENS / KANI SALAD / SESAME
OVE RICE



UDON NOODLES



UDON | \$13.00

VEGETABLE BROTH / SPINACH / FRIED BEAN CURD / KAMABOKO / UDON NOODLES

SHRIMP TEMPURA OR CHICKEN UDON | \$19.00

EVERYTHING IN UDON WITH SHRIMP TEMPURA OR CHICKEN AND CRUNCH